INSIDE TIPS FOR AN UNFORCE TABLE WEDDIN

Nedding Guide to a Stress-Free Wedding

A Guide to a Stress-Free Wedding Day: From Getting Ready to the Dance Floor



TAKING THE Plunge

Your wedding day is meant to be one of the most magical moments of your life, but the journey leading up to it can often be filled with stress and anxiety. To ensure that your special day goes off without a hitch, Sabi and Saint presents a comprehensive guide to navigating every aspect, from the bridal prep to the live entertainment. With careful planning and attention to detail, you can create a wedding day that is not only beautiful but also stress-free.

1) The dressing room: Should compliment your day, spoil yourself with the deluxe suite. Your room at Mom's house is special but may not make for great photos. Think big mirrors, lots of natural light, and open space.

2) Organize Your Essentials: Prepare a bridal emergency kit containing essential items such as tissues, makeup touch-up products, a sewing kit, and comfortable shoes. Having these items on hand will help alleviate any unforeseen mishaps and keep you feeling prepared throughout the day.

3) Create a Relaxing Environment: Surround yourself with your closest friends and family members who bring positivity and support. Play your favorite music, sip on some champagne, and indulge in some pampering treatments to set a relaxed tone for the day ahead.

HINTS FOR Getting READY

4) Hair and Make-up: Treat yourself and get professional people. There are so many outstanding artists around to make you look incredible.

Although we really love them, sadly they are mostly the reason brides are falling behind schedule.

Agree on a time with the photographer for when your hair and make-up should be done and try to be ready on time. Keep in mind if there is traveling time to the church or if you need to see the registrar before the ceremony. The makeup and hair team may also want to create a TikTok or two, which can take away valuable time from Bridal portraits.

5) Only allow your mother and bridesmaids in your dressing room and limit the amount of people visiting you while getting dressed. Too many people around is a stress factor.

6) Don't be late, magical moments might not happen if you are stressed for time. For example, you might not have enough time to have a proper dad reveal, where he gets to see you for the first time.

GROOMING THE GROOM

I) Capture Precious Moments: Make sure there is a photographer to document the groom prep process, capturing candid moments of camaraderie and excitement. These photos will serve as cherished memories for years to come.

The Sabi and Saint team will ALWAYS document the groom getting ready. There is nothing worse when trying to tell a story, to introduce the groom for the first time, at the end of the isle.

2) Stay Organized: Plan ahead and allocate ample time for getting ready. Coordinate with the groomsmen to ensure they have all their attire and accessories ready well in advance. And maybe a round of golf is not the best idea the morning of the wedding.

3) Stay Relaxed: Take moments to relax and enjoy the process.Whether it's sharing a laugh with your best man or taking a moment of solitude, savor the anticipation of the day ahead.

4) Keep your pockets empty: Do not put any keys, wallets, cellphones, or the like in your trouser pockets. Buldges do not look good in the photos!

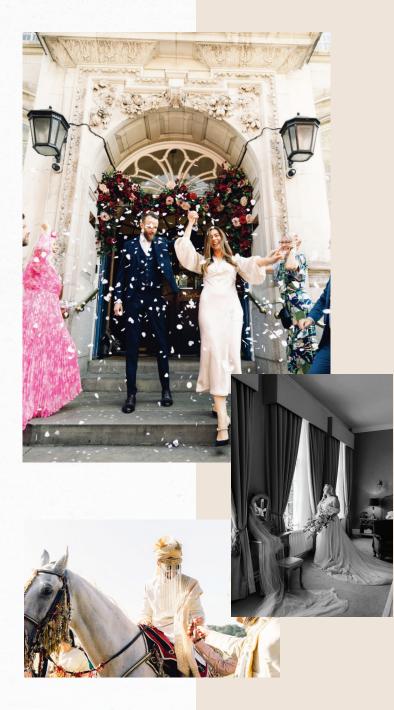




breakfast, hair, makeup, photos, get married! It goes fast, so keep the day relaxed and take time to smell the roses.

Keep your day simple:

SELECT SECON



DON'T GET WORKED UP ABOUT THE Little Things SOMETHING WILL GO WRONG AND IT WILL BE OKAY.

DELEGATE AND RELY ON YOUR SUPPORT SYSTEM.

Experimentation with facials should be done a long way before the wedding. Even if you get facials regularly, try to do it a couple of days before the wedding, as pimples and blotchiness might still occur.

Waxing eyebrows and using eyelash extensions for the first time just before your wedding is dangerous territory. Go for a trial long in advance since you may develop an allergic reaction.

Please don't chew any gum during your wedding, as it often shows up in the photos and videos.

Your bridesmaids and groomsmen don't have to be equal numbers.

Make sure that children in your entourage are friendly and easy-going. Keep in mind that young children tire very early.

Don't get involved in family politics on your wedding day. If your relationship is strained with anyone, rather keep them away.



Remember tan lines if you are wearing an open-shoulder dress.

And don't wear a shoulder strap bra on the morning of the wedding as strap marks may remain.

Button-up dresses could take up to 30 min to fit, so plan for this. Pack a knitting needle to help with the small elastic loops.

When choosing your dress, make sure you can move, walk, sit, dance, and BREATHE in it. Merely standing at fittings, you may not realise its limitations of movement. A hoop petticoat is challenging to sit and dance in, so a net underskirt is preferable and looks better in photographs.

Make sure your dress fits well, especially a strapless corset. Brides often do the "get back up there" move, but it doesn't appear flattering in the photos, especially in the video.

Choose a dress that reflects your style – if you feel beautiful. We will see it! Your body language will radiate confidence.

Don't forget about the veil! A soft veil adds so much romance. A beautifully embroidered veil can be quite a statement, too.

TRY TO GET A BEAUTIFUL AANGEN

Hanging an expensive dress on a £3 hanger is the eighth deadly sin.

When arriving in the bridal car, wind your window down so the photographer will havean unobstructed shot into the car.

When walking down the aisle, let your bridesmaids and flower girls walk right to the front before you start coming down, that way they are not going to block any photos of you and your dad.

Walk slowly - don't sprint down the aisle. There is no trophy for the quickest bride. This way everyone can get a better view of your stunning dress and give your man time to appreciate the woman he is about to marry.

Don't be rushed when exchanging your rings. Look at each other, give a nice smile, andgive your photographer time to capture the moment.

Advise the photographer and videographer which way you will be facing during theceremony, ring exchange, and kiss. A long, soft kiss looks much better on camera than the "passionate bedroom explorer."

Give each other a big hug afterward.

Please pre-advise your photographer on your church or minister's policy regarding photographs.

THE



A big family photo with parents, grandparents, brothers, and sisters is recommended, then each family separately with the siblings.

Don't get stuck taking photos with every person in your family.

If you have a list of family photographs, give it to a bridesmaid or groomsman who knows the family members to call them out. This will significantly speed up the process and allow more time for couple photos or time with your guests.

Inform your photographer beforehand about divorced parents or any stressed family relations, as well as any grandparents whom have mobility issues.

If you have a bridal party with four or more people, arrange a bottle of champagne and glasses. Sharing a drink with friends makes for relaxed photos and will look natural and fun.

The glass of champagne will also take the edge off a busy afternoon.

The Photo ouple Photo session

Bring a pair of comfy slip-on shoes – you don't want to get blisters or ruin expensive shoes while trekking through the mud or rain.

Please ask guests who want to photograph you with their cameras to give you and the official photographer and videographer some privacy during this session.

Talk about the day, your future, and the honeymoon. Now, is not the time to discuss accounts or uninvited guests – it will show.

Have fun! If you have fun with each other, the photos will be fabulous. We seldom look better than when we are smiling and having a great time.

You're in love, and it is all about the love!

hold hands, kiss and whisper little compliments to each other.



Beware of tall table centerpieces, especially for the main table. Ensure the photographer can capture those little moments without being thwarted by table obstructions. Thin vases or thin-column flower arrangements work well because they are less obstructive.

Flowers at the podium – be sensible: Your photographer will be in places your guests are not, so don't block those special moments with a flora wall.



Think about the background when placing the cake. Red is a great colour, but a big red fire extinguisher as a backdrop makes no cake look better. See if it is possible to have the sound equipment concealed or partly concealed – speakers haven't enhanced an image.

Often, the DJ could easily move the speakers to the side without any ill effects on the sound, but it will significantly improve the photos.

Check in with the band or DJ on how much time they need to setup. We often see hours of missed dancing because of slow setups long sound checks.

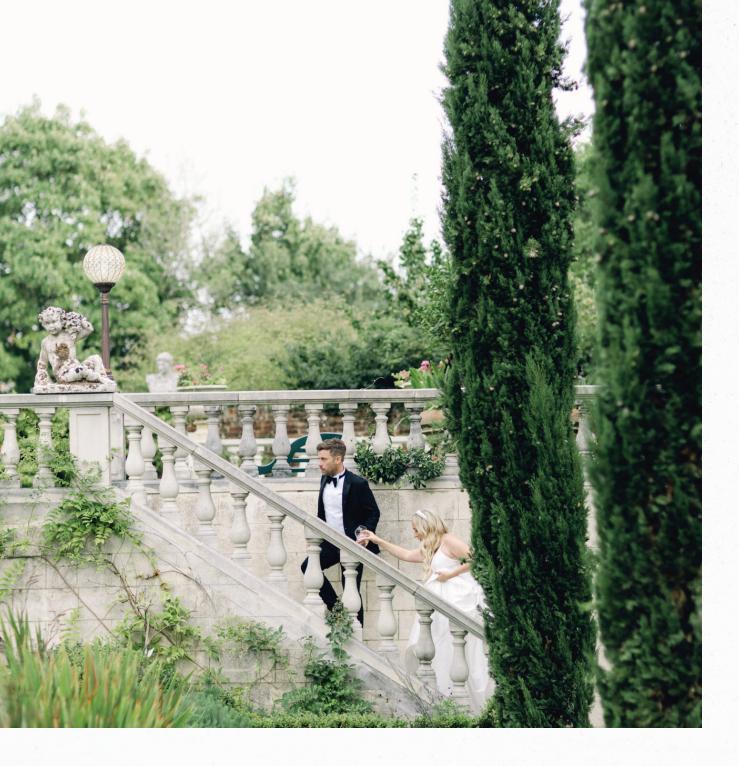
Ask the venue if they have a sound system and microphone for the speeches. This will ensure everyone can hear your partner telling you how beautiful you look. Ensure you inform your photographer and videographer before starting with the first dance or cake so they can set up a few lights to create the mood and give you the best shots for each memorable moment.

Dance your whole first dance song before inviting your family and bridal party to join; it gives your photographer and videographer enough time to get those dazzling and romantic shots. Inform your DJ about this, too.

Cut your cake before your first dance in order to complete the formalities before the party.

this point

THE DAY IS ALMOST OVER, SO ENJOY EVERY MOMENT!



ALL IMAGES AND CONTENT BY

SABI AND SAINT

Get in touch

ph

- em info@sabiandsaint.co.uk
- ad Southam, United Kingdom

in

fa